




akari
care

Coble House.

You Care. We Care. **Akari Care.**





Residential Care



Nursing Care



Palliative Care

Welcome to Coble House

Our aim is to provide a friendly, caring, 'home from home' environment where dignity, independence, safety and comfort are paramount.

We have a dedicated and compassionate team, with good staff retention, which means our staff can build close and meaningful relationships with all our residents.

We are part of a wider, friendly and welcoming community as you'd expect in the North East and we always make sure that all our visitors are made welcome and well looked after, whoever they are.

We ensure that all residents are fully involved in the planning and delivery of services, promoting their right to privacy and independence. We recognise that everyone is different and the care we deliver aims to reflect this. Coble House provides a homely, relaxed and safe atmosphere for it's residents, guests and staff.



A home from home.

Communal

Situated on the outskirts of Whitley Bay, close to the picturesque bay of Cullercoats, Coble House Care Home is a registered general residential and nursing Care Home with accommodation for 52 residents. We're close to local shops, a Post Office and a range of coffee shops and restaurants. We're also well served by good road and public transport links. The home provides comfortable living accommodation with a warm and welcoming atmosphere. We have a courtyard garden and four tastefully decorated communal lounges where residents can either choose to relax or participate in the daily programme of activities. Some of the bedrooms and communal areas have a view of the sea.

There are several seating areas around the Home, which are ideal for relaxation or catching up with relatives and friends.

Something we do which we know our residents and their relatives appreciate, is that we don't have separate nursing and residential units, so when a resident's health needs alter they can still stay in their chosen bedrooms. We also take great care in choosing interior décor and furnishings that will help residents to feel relaxed and calm.

The overall wellbeing of our residents is our central focus, and that means much more than just feeding them and keeping them clean and warm. We like them to be as active as possible, mentally and physically. If they have hobbies and interests we encourage them to keep them up as far as possible.



52 Beds



Wheelchair
Access



Public
Transport



No Smoking



Lift Access



Local Shops

**Relax,
enjoy a laugh.**





Our rooms

Each of our 52 bedrooms at Coble House are inviting, comfortable and well-furnished; residents are encouraged to personalise their room with their own furniture, photos and other moments to create a home from home feel.

Dining

Our catering team provide a wide range of home-cooked, nutritionally balanced meals prepared in our own kitchen and made from quality ingredients. Menus are prepared in consultation with experienced dieticians, with suggestions from our residents, to ensure that any specific needs, allergies or cultural and personal preferences are considered, while achieving a balanced nutritious diet.

Residents are encouraged to eat in the dining rooms but they can choose to eat in their room if they wish. We encourage friends and family to join us for meals with prior arrangement. We also cater for special occasions for our residents such as birthdays and anniversaries. The main meal of the day is served at lunchtime, with a lighter meal in the evening. All meals offer a choice of menu options. Snacks, fresh fruit and refreshments are available at all times.

How do you like your eggs?



From bingo to beauty.



Activities

A regular programme of activities is promoted within the home by our dedicated activity organiser.

Each activity is designed around keeping fit and active or to simply stimulate. We encourage residents to live their lives as they wish and are able to join in, or not, as they please.

Meaningful activities are tailored to individual needs and can include passive and gentle exercises, reminiscence sessions, animal therapy and much more!

Support through challenging times.

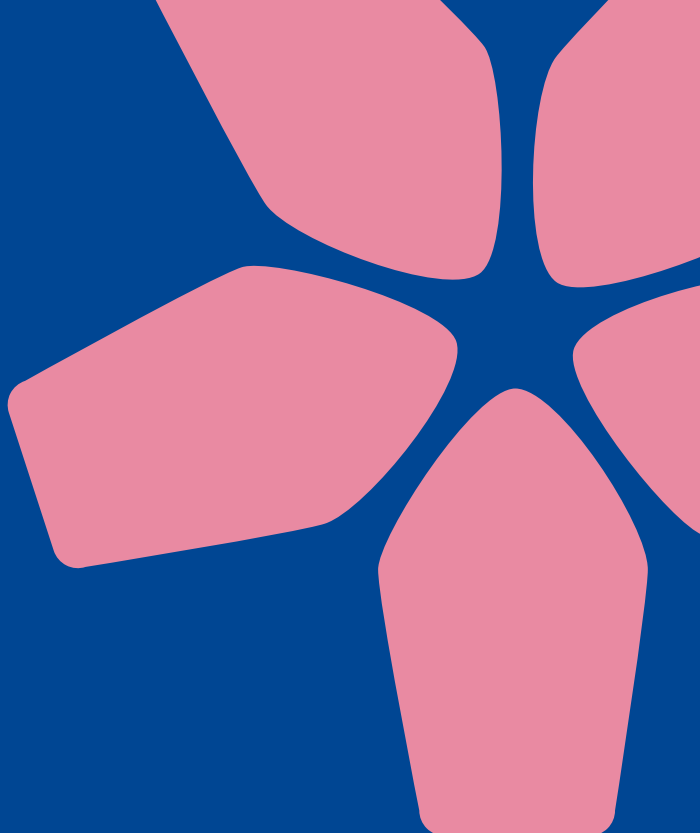


Peace of mind

Our staff have the experience and training to know and understand the challenges that everybody involved has to overcome, so we know how to help. We provide as much support as possible to residents and their families during the moving process and throughout their stay at Coble House.

Our staff are diligent, caring and trustworthy personnel who have each resident and their family's happiness as a core priority.





Coble House

North View, Whitley Bay NE26 2EU
Call us on 0191 251 0694

Photographs shown represent typical home accommodation

Central Support Centre:
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